

MotherWoman presents a training for professionals:

Supporting Families During Pregnancy and the Postpartum Period: Postpartum Depression and Beyond

A COMPREHENSIVE UNDERSTANDING OF THE PRENATAL AND POSTPARTUM EMOTIONAL EXPERIENCE: ASSESSMENT, SPECTRUM AND TREATMENT

FRIDAY, OCTOBER 30TH 9:30AM–12:30PM
9–9:30 REGISTRATION & COFFEE

THE BIRTHPLACE AT FRANKLIN MEDICAL CENTER, CONFERENCE ROOM
164 HIGH STREET, GREENFIELD, MA

- ◆ Gain a **comprehensive perspective** on postpartum emotional complications, such as postpartum depression, anxiety and stress.
- ◆ Understand the **risk factors** associated with postpartum emotional difficulty.
- ◆ Understand the **spectrum** of emotional reactions (symptoms) in the postpartum period from normal adjustment to psychosis.
- ◆ Understand the **social and cultural factors** involved in the adjustment to parenthood.
- ◆ Learn about **screening tools** for assessing postpartum depression
- ◆ Learn about the **most recent research** regarding postpartum emotional complications.
- ◆ Learn **strategies and get resources** for helping mothers, fathers and kinship caregivers during the postpartum period

Cost: \$65.00

Pre-registration and payment required.
Registration deadline Friday, 10/23 5pm
CEUs pending for RN, MSW and LMHC

413-253-8990

annette@motherwoman.org

Co-sponsored by Baystate Franklin Medical Center and Clinical Support Options



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PREGNANCY & POSTPARTUM SUPPORT
COALITION OF WESTERN MA.

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